



### Locally-Grown Pre-sliced Apples

#### Did you know...

GrabApples are a healthy snack that kids actually like to eat!

### Product Description

These locally-grown, pre-sliced apples are now available in New England, New York, and Virginia.

Grown locally and sliced in NY by Champlain Valley Specialty Company, GRAB APPLES are shipped directly to local schools and their distributors.

The slices are preserved with Vitamin C and Calcium and stay fresh for 3 weeks.

Market studies have shown that sliced apples on lunch trays are consumed by 90% of students. <sup>1</sup>

Grab Apples are made from the highest-quality Fuji, Gala, Empire, and Granny Smith apples.



### Nutritional Information

2 oz. Package

Nutrition Facts	
Serving Size 1 Bag (56.7g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 30	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 1g	<b>5%</b>
Sugars 6g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 120%
Calcium 0%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
<b>INGREDIENTS:</b> FRESH APPLES, ASCORBIC ACID (VITAMIN C) TO PROMOTE WHITENESS AND CALCIUM TO MAINTAIN TEXTURE.	

8 oz. Package

Nutrition Facts	
Serving Size 1/2 Bag (113g)	
Servings Per Container 2	
Amount Per Serving	
<b>Calories</b> 60	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 16g	<b>5%</b>
Dietary Fiber 3g	<b>11%</b>
Sugars 12g	
<b>Protein</b> 0g	
Vitamin A 0%	Vitamin C 250%
Calcium 2%	Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
<b>Ingredients:</b> Fresh apples, ascorbic acid (vitamin C) to promote whiteness and calcium to maintain texture.	

\* Grab Apples are also available in 2.8 oz. and 3 lb packages.

1 - <http://www.grabapples.com/docs/study.pdf>