

Farm Rich® Better for You Breaded Mozzarella Cheese Sticks 65220

Nutrition Facts Amount per School Serving

Serving Size 6 sticks = 2.00 bread credit and 2.00 oz. serving of cheese Pack Size: 8/3 lb.

Amount per Serving

	Calories 310	Calories from Fat 100			
% Daily Value*					
Protein	21g		Vitamin A	585IU	10%
Total Fat	11g	17%	Vitamin C	0.72mg	2%
Saturated Fat	3.5g	18%	Calcium	387mg40%	
Trans Fat	0g				
Cholesterol	10mg	3%	Iron	1.49mg	8%
Sodium	690mg	29%			
Total Carbohydrate	35g	12%			
Dietary Fiber	4g	16%			
Sugars	1g				

Number of sticks per pound of product: 21

Weight per stick, average: 21.66 grams

Cheese content of product:

46.21% 10.00 grams

Weight of cheese per stick:

51.10%

Batter and Breading content of product:

1.10/0

Weight of Batter and Breading per stick:

11.06 grams

25 grams of batter and breading equal 1 slice bread credit.

We certify that the above information is true and correct.

Raymond L. Jones

Vice President, Food Safety & Shrimp Procurement

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