



1/21.78 Lb Whole Grain Crunchy Breaded Mozzarella Cheese Sticks 0.84 oz, CN

High Liner Mozzarella Sticks are the perfect example of an irresistible classic made with whole grain. Quality mozzarella is coated with just the right amount of breading, seasoned with mild Italian herbs and spices. Each fries to the perfectly crunchy, flavorful gooeyness craved by all ages.;

Product Last Saved Date: 15 April 2024



Nutrition Facts

83 Servings per container

Serving Size 5 Sticks (118g)

Amount Per Serving
Calories 400

| % Daily Value* | |
|---------------------------|-----|
| Total Fat 22 g | 28% |
| Saturated Fat 8 g | 39% |
| Trans Fat 0 g | |
| Cholesterol 30 mg | 10% |
| Sodium 380 mg | 16% |
| Total Carbohydrates 32 g | 12% |
| Dietary Fiber 3 g | 10% |
| Total Sugars 3 g | |
| Includes 2 g Added Sugars | 4% |

| | |
|------------------|-----|
| Protein 19 g | |
| Vitamin D 0 mcg | 0% |
| Calcium 430 mg | 35% |
| Iron 1.7 mg | 10% |
| Potassium 160 mg | 4% |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| Product Specifications : | | |
|--------------------------|----------------|---------------|
| Code | GTIN | Type Of Catch |
| G1042DF | 30041810010422 | |

| Brand | GPC Description |
|------------------------|-----------------|
| High Liner Foodservice | Cheese (Frozen) |

| Gross Weight | Net Weight | Country of Origin | Kosher | Gluten Free |
|--------------|------------|-------------------|------------|-------------|
| 23.958 LBR | 21.78 LBR | N/A | Undeclared | No |

| Shipping Information | | | | | | |
|----------------------|-------------|------------|------------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 15.8125 INH | 11.8125 INH | 10.125 INH | 1.0944 FTQ | 10x6 | 547 Days | -10 FAH / 0 FAH |

| Ingredients : | | | | | | |
|--|--|--|--|--|--|--|
| LOW MOISTURE PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, AND ENZYMES), WHOLE WHEAT FLOUR, WATER, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SUGAR, GARLIC POWDER, ONION POWDER, MODIFIED CELLULOSE, YEAST, YEAST EXTRACT, WHEY, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, SPICES, CORN STARCH, YELLOW CORN FLOUR, FRUIT CONCENTRATE FOR COLOR (APPLE, HIBISCUS), MALTODEXTRIN, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). CONTAINS: WHEAT, MILK | | | | | | |

| Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'): | | |
|--|----------------|--------------|
| Eggs - N | Milk - C | Soy - N |
| Fish - N | Wheat - C | TreeNuts - N |
| Peanuts - N | Crustacean - N | Sesame - N |

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 2 minutes 15 seconds. TO BAKE: Place frozen sticks on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 425°F and bake for 6-7 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 160°F MINIMUM. CAUTION: CHEESE FILLING MAY BE HOT

Serving Suggestions:

The quintessential appetizer, these superb mozzarella sticks are a natural with marinara but also pair well any special sauce you create.

Species / Scientific Name:

n/a

Claims & Child Nutrition:

BAP Certified:
MSC Certified:
Has CN Statement: Yes
CN Statement: FIVE 0.84 oz WHOLE GRAIN BREADED CHEESE STICKS PROVIDE 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.