

Amount per serving

AMOUNT PER SERVING		% Daily value
Calories	160	
Total Fat	1g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	35g	13%
Dietary Fiber	<1g	
Dietary Fiber Daily	4%	
Total Sugars	0g	
Includes Added Sugars		0%
Protein	3g	

VITAMINS MINERALS:		% DAILY VALUE
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.6mg	4%
Potassium	90mg	0%

INGREDIENTS: WHOLE GRAIN PARBOILED BROWN RICE.

Uncle Ben's Whole Grain Brown Rice